# Babel Language And Cultural Training



Communicating with others is an integral part of life. While the majority of professional exchanges are easy and successful, there are times when communication breaks down and relationships are damaged. When people work across cultures, or in international teams, the chances of this happening are much greater, as each member brings his own prejudices and cultural conditioning of what is "normal" to the encounter.

Our **Intercultural Communication Skills** programme will help you to identify key moments of misunderstanding and give you the tools and techniques you need to ensure that your exchanges with international colleagues are effective and powerful – and that they build and reinforce trust, rather than damage it.

### Programme objectives:

This tailored programme will help you:

- Adapt your language to make it simple, clear and understandable
- Structure your communication to ensure you get your message across
- Know when to be more assertive/responsive
- Motivate and influence your international colleagues
- Prepare before communicating a difficult message
- Take an effective part in group meetings
- Manage challenging phone calls successfully
- Communicate effectively via email
- Build rapport, relationships and trust more effectively.

## INTERCULTURAL COMMUNICATION SKILLS

#### **Course Design**

This course is designed to be delivered either face-to-face or in live online modules and offers opportunities to contribute to polls, annotate slides, take part in exercises, and participate in group discussions.

#### **Course Duration**

Face-to-face: Half-day Online: 1 x half-day or two x 120-minute modules.

#### **Group Size**

We recommend a maximum group size of 14 but larger groups can be accommodated.

#### **Course Fee**

Our fees depend on the course duration, how many participants will be attending and the scale of the overall programme. We are happy to work within a defined budget.

### Contact

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#### **CONTENT OVERVIEW**

#### **Communication: The Cultural Dimension**

Introduction to the programme: The Iceberg Model of Culture

What brings us together? A look at 'Human Universals' What is 'normal'? Know yourself; know them Values, attitudes, behaviours: What is the link between this programme and your organisational values?

#### **Communication: Being Clear and Structured**

Why English is difficult: idioms, grammar, phrasing, 'false friends' – how to be inclusive and clear Global English: Using the language so that everyone can understand Keeping control of the discussion Structuring what you say

#### **Communication: Preferred Styles and Approaches**

Low Context vs High Context communication and its implications

The importance of non-verbal signals and voice tone, volume and speed

Direct vs Indirect communication: Clear and simple, or 'read between the lines'?

Using and interpreting silence

#### **Communication: Building Relationships and Trust**

Breaking the ice and establishing rapport Pull vs Push Communication: Showing respect and sensitivity The 3 key elements of trust and their importance to your remote communication Active listening skills and sensitive questioning techniques

#### **Communication: Effective Discussion Handling**

Facilitating and structuring discussions Giving opinions clearly and effectively Making sure that all contributions are fair and equal Constructive and healthy disagreement

#### **Bringing It All Together**

Reflective learning: Short, work-related case studies Applying the learning Agreeing Best Practice for remote, global teams Personal Action Plan



# Language Training

Babel offers inspiring lessons in all major languages from Beginners to Advanced. Tailored to your own specific goals and scheduled at a convenient time, you'll receive support and motivation from your own native-speaking tutor.

### **Cross-Cultural Training**

Cultural competency is a skill for anyone working in a global organisation. We help people recognise and understand the inevitable cultural differences they encounter and develop the skills necessary to successfully manage these differences.